

## **Eco Restoration Club and Women's Cell Activities 2023-24**

Eco Restoration Club after celebrating the Environment Day on June 05, through a massive cleanliness drive at Sahastradhara, got into the new academic year 2023-24 with heightened spirits and enthusiasm. On 23<sup>rd</sup> July, 2023 Harela Parv was celebrated by the members by planting trees in College.

The activity for the year started with a talk with waste warriors, Dehradun, represented by Mr. Saurabh, where they thought to celebrate with ERC to work on the motive "Solution in ME; A Proposal for signing an MOU was presented to waste warriors for which the work is still in progress.

On 21<sup>st</sup> of September, 2023 Forest Department approached ERC through college to organize a Nukkad Natak on Wild Life Protection Week.

On 1<sup>st</sup> October, 2023 12 members of ERC presented a Nukkad Natak in Forest Research Institute of India. Its main theme was highly applauded by the officers. Girls were given certificates.

On 4<sup>th</sup> October, 2023 Mr. Nikhil Saklani was invited by ERC to present Garhwali Folk Songs related to environmental conservation. ERC invited him to provide students an ideal who could :

1. Bring out relationship with our ecology and environment as reflected in Garhwali and Kumauni folk. Thereby reflecting the importance of folk and local.
2. Secondly to bring out the importance of folk music and its translation into popular appeal.
3. To provide a model to students how music is sensitizing and not first adding to cultural pollution merely though the name folk and local.

On 7<sup>th</sup> Oct, 2023 a talk on the importance of local grains and food was organized under Garhbhoj Diwas. The main speaker was Shashi Bahuguna Raturi of Mahila Nav Jagran Samiti and Brand Bamakwali. She spoke about aachar, vyahaar, which is the need of the hour esp in today's Uttarakhand with a motive to preserve culture, agriculture and horticulture.

This was attended by members of women's Cell too as she spoke on entrepreneurship and empowerment of women.

On 22<sup>nd</sup> Nov, 2023 an awareness session on E- Waste Management was conducted for students.

On 23<sup>rd</sup> Dec, 2023 a talk on eco Tourism by trustee of Titli foundation Ms. Anchal Sondhi was there. Students were made aware about the concept of eco tourism and employment opportunities through the same.

The ERC is progressing in the direction of signing the MOU with Titli Foundation through which girls can be given a ground field exposure of the eco tourists spots under the foundation.

On 6<sup>th</sup> March 2023 Women's Day was celebrated with a lot of fan and fervours. The theme of the celebration was :-

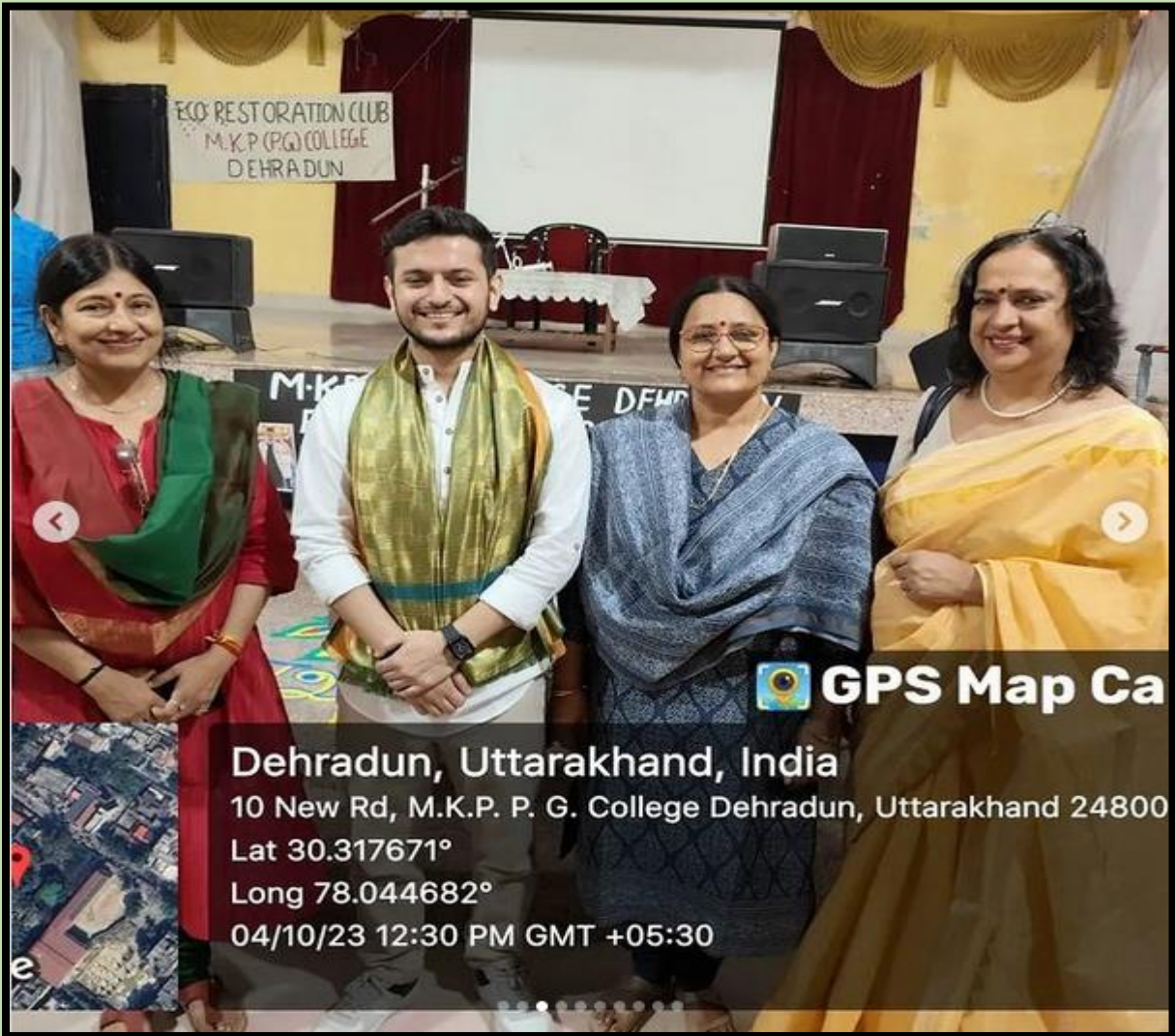
1. A sneak peak into “my own health”. That is girls were made aware of how they need to control their own health parameters.
2. Legal awareness – to sensitize students about their rights and laws concerning women.

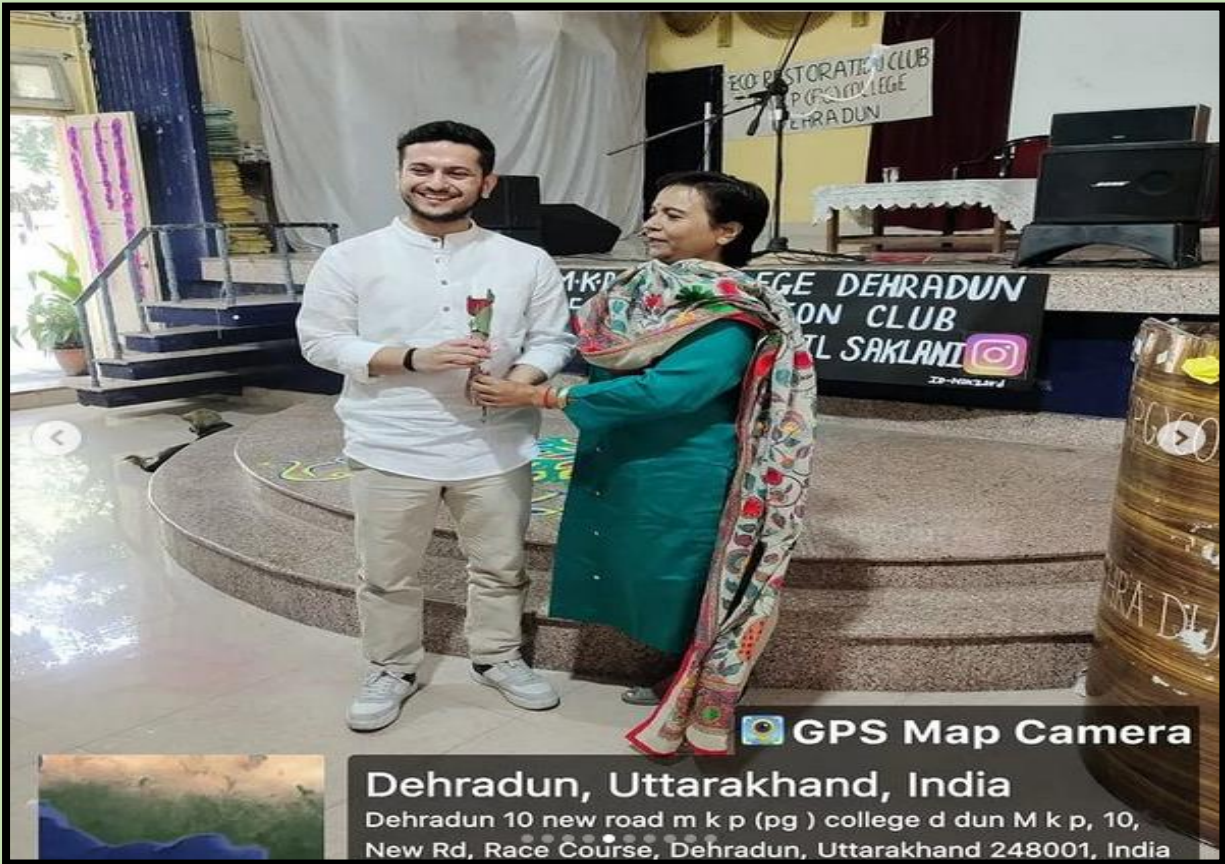
It was done in collaboration with Himalyan Institute, Jolly Grant, who organized a health camp along with a team of doctors and technicians.

Secondly it was assisted by Dr. Ankit Agarwal of Tulsi Ayurveda who provided not only in promotion but consultation also regarding mental and physical healthiness.





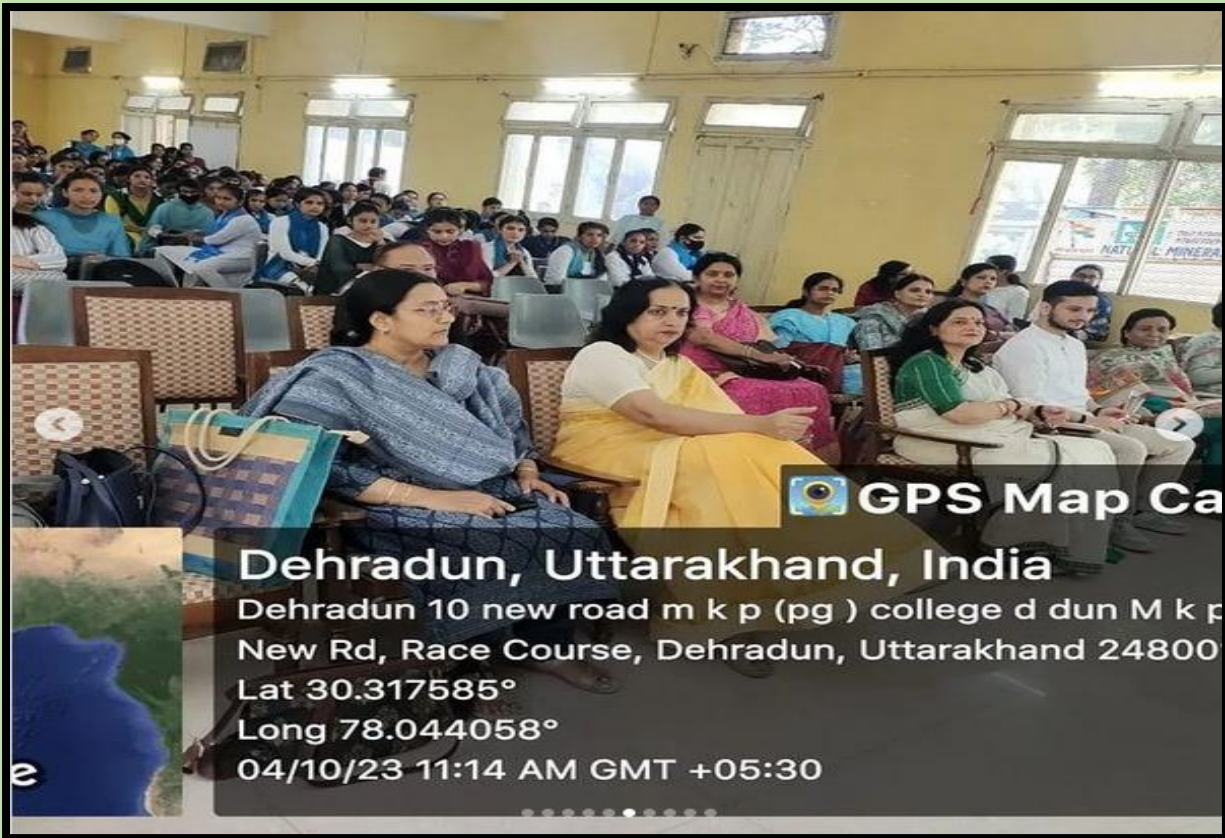




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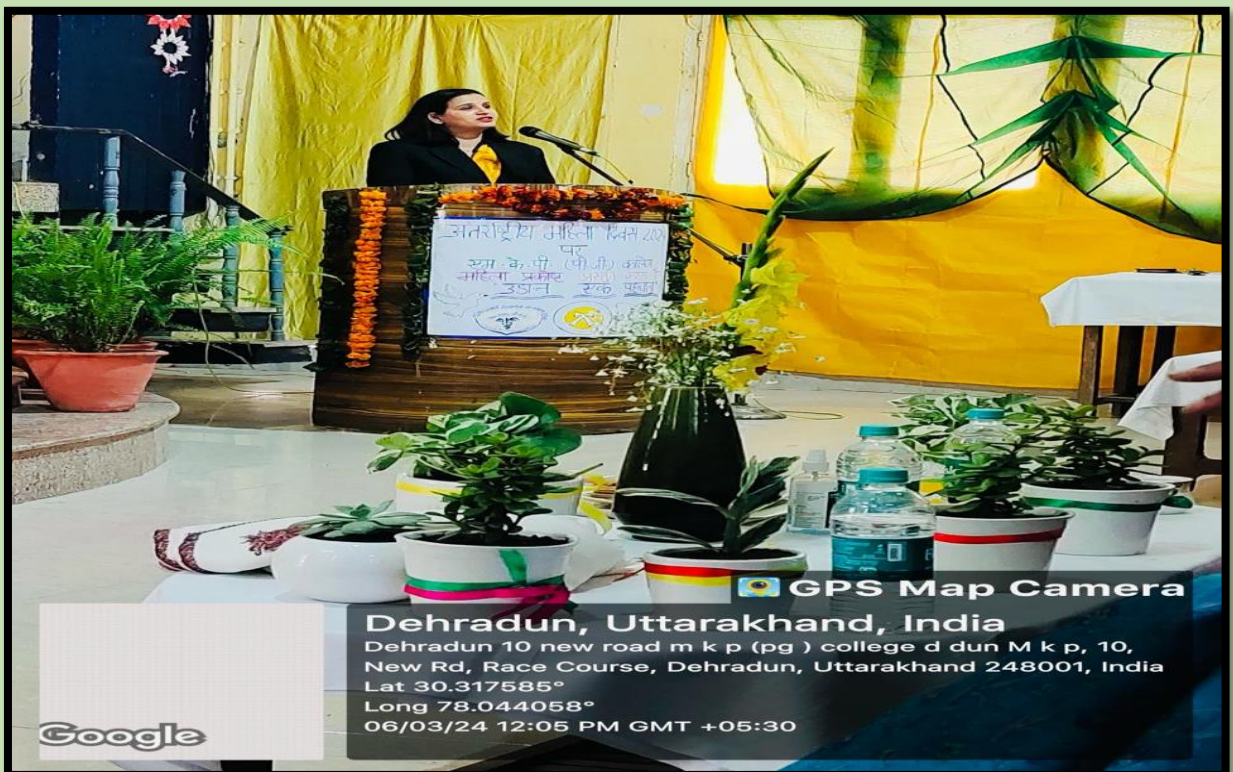
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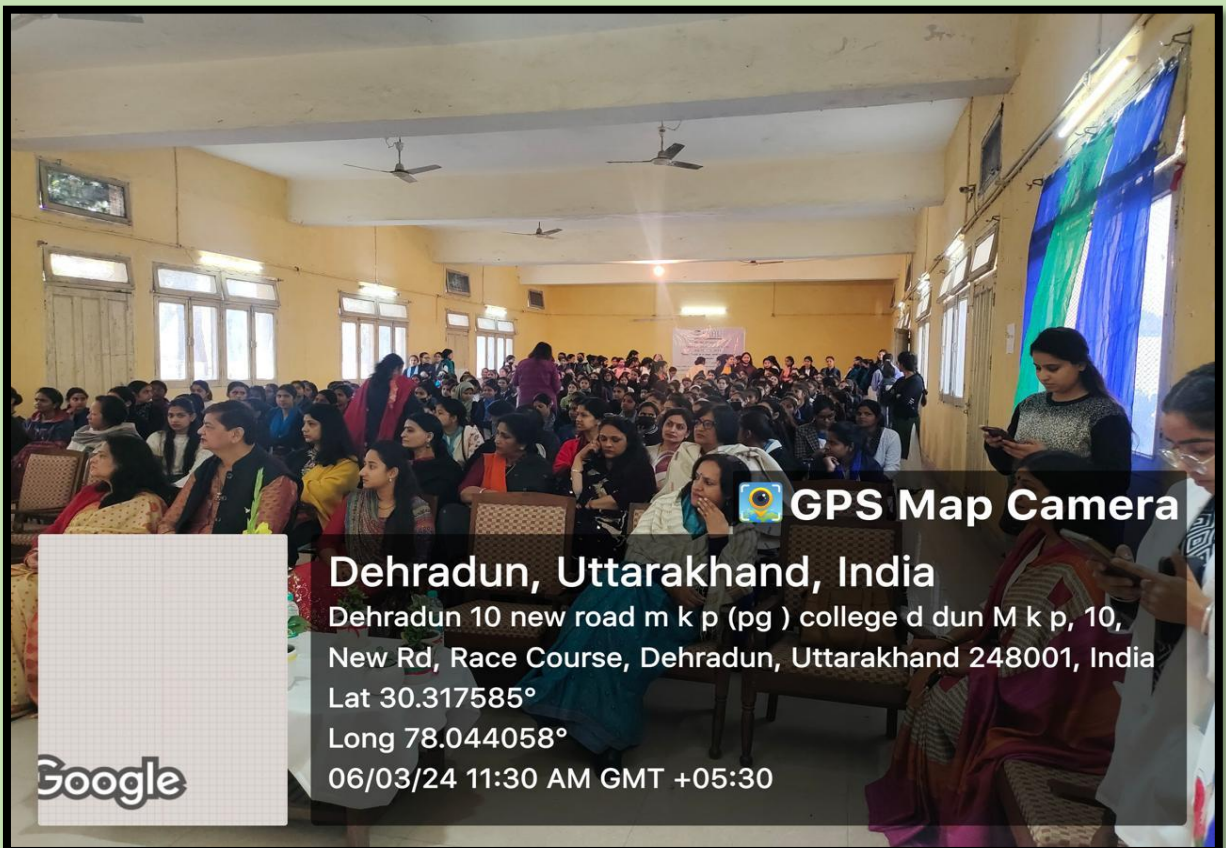
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